

Austin Health Position Description



Position Title: Nurse Unit Manager - Child Inpatient Unit

Classification:	RPN Gr5 Unit Manager
Business Unit/ Department:	Child Inpatient Unit (CIPU), Infant, Child and Youth Mental Health Service (ICYMHS), Mental Health Division (MHD)
Agreement:	Victorian Public Mental Health Services Enterprise Agreement 2021 - 2024
Employment Type:	Full-Time
Hours per week:	38 hours (plus ADO)
Reports to:	Business -Divisional Manager ICYMHS Professional - Chief Nursing Officer / Senior Psychiatric Nurse
Date:	September 2024

About Austin Health

Austin Health is recognised for high-quality, person-centred care. We're renowned for our specialist work in cancer, transplantation, infectious diseases, obesity, sleep medicine, intensive care medicine, neurology, endocrinology, mental health and rehabilitation.

We're the largest Victorian provider of training for specialist physicians and surgeons, and internationally recognised as a centre of excellence in hospital-based research.

Our services are delivered to patients across four main sites in Melbourne, in locations across our community, in people's homes, and within regional hospitals across Victoria.

We aim to provide an inclusive culture where all staff can contribute to the best of their ability and strive to develop further. We recognise that our people are our greatest strength. We want them to thrive, be their best selves and feel engaged, safe and empowered. To achieve this, diversity and inclusion is essential to our culture and our values. You can view our current Diversity and Inclusion Plan [here](#).

Commitment to Gender Equality

Austin Health is committed to gender equality in the workplace. In developing our [Gender Equality Action Plan](#) we have been guided by the gender equality principles set out in the Gender Equality Act 2020 (Vic). We believe that everyone should live in a safe and equal society, have access to equal power, resources and opportunities and be treated with dignity, respect, and fairness.

Position Purpose

The Nurse Unit Manager is recognised as the operational leader of the multidisciplinary team who models the core values of Austin Health through effective leadership and management of the clinical nursing and support staff within the Child Inpatient Unit.

They hold the responsibility for ensuring the delivery of evidence-based care that meets professional, organisational, legal and ethical standards in order to optimise health outcomes for young people aged between 13-17 years admitted to the acute mental health unit.

The Nurse Unit Manager is responsible for a safe working environment and the effective utilisation of human and financial resources within a cycle of continuous service improvement. The role works collaboratively with the Consultant Psychiatrist on the team to lead the workforce in the clinical work and ensure adherence to the agreed model of care.

In addition, the role leads a healthy and responsive culture to support staff to cope with change; develops and maintains positive working relationships with key stakeholders (internally and externally)

Also critical to the role in the promotion of staff wellbeing and professional development, and actively contributing to sound workforce planning and other projects as required.

The Nurse Unit Manager ensures quality working relationships with other parts of the Mental Health Division (MHD) and participating in the strategic planning of Austin ICYMHS and the MHD.

About the Mental Health Division

The Mental Health Division provides care and services through a comprehensive range of teams to meet the needs of mental health consumers and carers throughout Victoria. Services are located across Austin Health campuses and in the community.

The Mental Health Division incorporates three program areas:

- Adult and Older Mental Health Services
- Infant, Child and Youth Mental Health Services and,
- Mental Health Specialty Services.

All mental health services work within a clinical framework that promotes recovery-oriented practice and supported decision making. This approach to client wellbeing builds on the strengths of the individual working in partnership with their treating team. It encompasses the principles of self-determination and individualised treatment and care.

About ICYMHS

ICYMHS provides tertiary mental health services to the north-eastern catchment of Melbourne (currently the local government areas of Banyule, Boroondara, Darebin, Nillumbik, Whittlesea, and Yarra). It is an exciting time for Austin as the ICYMHS directorate will be expanding in response to the recommendations from the Victorian Royal Commission into Victoria's Mental Health Services (2021).

ICYMHS currently have two inpatient units- Child and Adolescent, a Child and Family

Residential Program, with future projects for a further residential program - YPARC.

At present there are a number of community teams and a number of specialist youth outreach teams. There is an ICYMHS Triage Team and an emerging Under 25 CATT service.

There are also a number of specialist roles and teams that support the work of ICYMHS alongside an expanding Lived Experience Workforce embedded within the ICYMHS. This position is located with the Child Inpatient Unit admitting children up to their 13th birthday who may be experiencing emotional, behavioural and/or social difficulties and have usually had some outpatient treatment.

About the Child Inpatient Unit

The Child Inpatient Unit (CIPU) is part of Austin Health's Infant Child and Youth Mental Health Services (ICYMHS). It services children from metropolitan and regional Victoria, NSW and Tasmania at present. It is one of two Child Units in the state - the other is the OASIS Unit, based at Monash Health.

The CIPU is a 12 bed unit which:

- Provides specialist inpatient psychiatric assessment and treatment for young people up to the age of 12 years with severe emotional and/or behavioural disturbance,
- Provides two types of admission: Crisis and Planned - during which both assessment and treatment can be accommodated,
- Children can be admitted individually but usually with a parent or both parents. A family can also be admitted,
- Length of admission is determined by admission goals as determined by the referrer and family.

There is an associated Austin Hospital School administered by the Department of Education and Training.

All mental health services work within a clinical framework that promotes recovery oriented practice and supported decision making and works strongly with families, carers and the community systems around the child.

This approach to client wellbeing builds on the strengths and improves the developmental trajectory of the child, and focuses strongly on working in partnership with their community treating team.

Our community teams are currently based primarily at the Heidelberg Campus of Austin Health, Heidelberg site and in Epping. It is anticipated there will be a number of teams located in the community over time.

Purpose and Accountabilities

Role Specific:

Direct Comprehensive Care

- Complete a high standard of accurate and timely clinical and operational documentation and data entry in a timely and efficient manner, and in accordance with CYMHS and relevant professional/mental health sector statutory requirements.
- Display a clear understanding of and practice in the principles of recovery-orientated, trauma-informed and family-centred, collaborative practice and expertise in engaging young people & their families within clinical settings in order to supervise clinical staff.
- Provide easy access to mental health services through the adherence to up to date policies and procedures, or development of such.
- Ensure the team undertakes comprehensive assessment, case coordination, management and reviews of young people (face-to-face, via telehealth, or through outreach visits as appropriate) and contribute to the implementation, monitoring and evaluation of treatment objectives.
- Ensure the team provides case coordination and management using a phase-specific model of care with an emphasis on supporting the client through the recovery process. Assist the clinical staff to assess the clinical risk of a client and effectively manage this risk through comprehensive and timely planning and intervention.
- Displays an ability to analyse situations and make appropriate decisions in a timely manner that meets the needs of patients, staff and organisation, escalating where appropriate to Divisional Manager or Clinical Director according to the issue.
- Ensures a high level of work quality, develops, implements and monitors quality improvement activities within the unit.
- Uses clinical information systems to inform decision making and evaluate outcomes.
- Ensure safe work practices and environment in accordance with Austin Health Policies. Participates in the emergency incident response activities, as defined within the Emergency Response Manual, as and when required, at the direction of management.
- Ensures that Incident management systems are appropriately applied and a systematic response to local issues and performance improvement occurs.
- Ensure treatment and care is delivered in a manner that is sensitive to age, language, gender, religion, and individual beliefs.
- Provides expert clinical knowledge and direction to ensure that clinical standards, policies and procedures promote a patient-focused model of care.
- Ensures all staff complete all mandatory training within set timeframes.
- Participate in the ongoing professional development of self and others and

encourage responsibility for own learning into evidence-based practice, leadership and to satisfy Continuing Professional Development requirements.

- Provides staff with professional development opportunities for learning and education. Ensure the team actively participates in under- and post-graduate training of professionals.
- Provide education to clinicians and external service providers as indicated.
- Seeks opportunity to embed evidence into clinical practice and encourages staff training.
- Effectively engage and work with lived experience/consumer and carer advocates or representatives to enhance the knowledge, attitudes and skills of those within the team or to improve quality of care.

Support of Systems

- Actively contributes to investigations of complaints, critical incidents and debriefs/diffusion processes that support reflective thinking, appropriate recommendations, and document same as required in a timely way.
- Works collaboratively with all departments to develop the systems, processes and projects required to support the organisation's strategic direction.
- Actively participates in interdisciplinary committees and working parties locally and organisation wide as required.
- Develops and monitors return to work plans for staff on Workcover.
- Ensure that incident management systems are appropriately applied and a systematic response to local issues and performance improvement occurs in a timely way.
- Accountable for the preparation, monitoring, delivering and evaluation of unit budgets. Identifies costs in accordance with emerging service needs demonstrating understanding of the impact of financial decisions on the broader organisation.
- Explains financial implications of business decisions to staff.
- Identifies cost-effective and efficient approaches to managing resources. Uses financial data to develop strategies and plans.
- Ensure all staff complete an annual performance review and development.
- Responsible for human resources requirements at a unit level including recruitment and selection, retention, daily staffing, leave management, rostering and attendance management, positive recognition, and comprehensive orientation, building a cohesive team culture, coaching and mentoring and providing learning opportunities.
- Appropriately use information and communication systems that support the effective and efficient clinical and administrative operation of the position.
- Demonstrates an ability to make effective decisions within an agreed specified time.

Education

- Ensures all staff complete all mandatory training within set timeframes.
Participate in the ongoing professional development of self and others and

encourage responsibility for own learning into evidence-based practice, leadership and to satisfy Continuing Professional Development requirements.

- Provides staff with professional development opportunities for learning and education. Ensure the team actively participates in under- and post-graduate training of professionals.
- Provide education to clinicians and external service providers as indicated
- seeks opportunity to embed evidence into clinical practice and encourages staff to participate in literature review/conference presentation/ attendance or journal publication.
- Shares knowledge and information with the team.

Professional Leadership

- Actively contributes to enhancing a positive CYMHS culture as part of the leadership group; helps to create a team environment which promotes opportunity for learning and development, safety and welfare of staff and fosters collaboration and innovation in practice.
- Reflects on and in practice, in line with Austin Health values applies these when interacting with others.
- Lead in ways that result in high levels of staff satisfaction and recognition, low absenteeism, high staff retention rates of high-quality staff and successful recruitment to any vacancies within the team in a timely way, following relevant processes and policies.
- Be responsible for the operational functioning of the team, ensuring staff have adequate orientation to their roles, the skills, resources and procedures to provide effective delivery of quality clinical services within the team and between teams.
- Continuously reviews existing practices and policies according to evidence-based practice to minimise adverse patient outcomes.

Maintains a professional demeanour and serves as a role model for all staff, setting and clearly communicating clinical and behavioural expectations.

- Provides timely performance feedback, coaching and guidance when needed in accordance with the performance management policy.
- Creates a team environment, which promotes a positive culture, opportunity for learning and development, safety and welfare of employees and fosters innovation in practice that results in a high level of staff satisfaction, high staff retention rates and low absenteeism. Communicates information and expectations in a way that builds effective and collaborative working relationships with others.
- Communicates clearly and concisely with impact.
- Effectively deals with challenging behaviours and the resolution of conflicts. Ensures information is available to all staff by utilising a wide range and appropriate modes of communication.
- Demonstrates leadership in situations demanding action, adapting working style as appropriate to achieve effective outcomes.
- Creates a climate where self-development and improvement is valued.
- Network and liaise with staff from a range of health, education, child and family

services to enhance service delivery and capacity building.

- Communicates a positive vision for change and supports others through the change process. Proactively identifies new opportunities and addresses barriers to change.
- Work collaboratively with the team's Consultant Psychiatrist to provide direction to clinical staff. Manages own time efficiently and effectively in line with key priorities for the unit.
- Actively participate in operational, clinical and professional supervision and performance development and review processes.

Research and Quality

- Identifies opportunities for process redesign and to support staff in the implementation of redesign projects and activities.
- Promotes and ensures a safe and healthy workplace for staff and patients. Identifies areas that require improvement through observation, audits, incidents and staff feedback and implements improvement initiatives accordingly.

Supports and actively participates in research and implements findings into clinical practice

Accreditation Guidelines.

- Is actively involved in matters relating to Occupational Health and Safety and ensures safety standards in the workplace are met.
- Maintain an awareness and practice of safety issues, the safe practice policy and procedures of the service, and relevant legislation to ensure that risks to consumers, carers, families, staff and the community are minimised, and environments are well maintained.
- Be aware of and adhere to safety and other procedures within CYMHS, MHD and sites you visit.
- Demonstrates a capacity to undertake/support nursing research, publication of work and public presentation within the local, national and international healthcare community.

All Employees:

- Comply with Austin Health policies & procedures, as amended from time to time, which can be located on the intranet.
- Report incidents or near misses that have or could have impact on safety - participate in identification and prevention of risks.
- Comply with the professional and Austin Health Codes of Conduct.

People Management Roles:

- Ensure clear accountability for quality and safety within the unit.
- Ensure incident management systems are applied and a response to local issues and performance improvement occurs.
- Ensure the risk management system is functional. Be aware of and comply with the core education, training and development policy.

Selection Criteria

Essential Knowledge and skills:

- Registered Nurse, Nursing & Midwifery Board of Australia
- Relevant Post-Graduate Qualification in Psychiatric/Mental Health Nursing or equivalent Substantial clinical and/or managerial experience in mental health, especially working with children and families
- Knowledge of the Mental Health Act 2014 and other relevant legislation, especially: Child, Youth and Families Act 2005; the Privacy Act 1988; and the Drugs, Poisons and Controlled Substances Regulations 2017; Occupational Health and Safety Act 2004
- Knowledge of legal and ethical requirements
- Demonstrated leadership capability to build and maintain a dynamic, multidisciplinary and high performing team
- Ability to communicate effectively (nonverbally, in writing and verbally) Ability to implement budget management processes
- Ability to problem solve in a variety of complex situations Ability to implement, lead and support change
- Demonstrated knowledge of the Safewards model and experience in reducing restrictive interventions
- A current Working with Children Check – no restrictions A current Victorian Drivers' Licence – no restrictions

Desirable but not essential:

- A sound understanding of information technology including clinical systems, applications relevant to the management of rostering and risk management reporting or as required for the role and/or department. Experience in process redesign projects and activities
- Demonstrate a working knowledge of the Victorian Public Mental Health care system and resource allocation
- Membership of a relevant clinical specialist organisation
- Demonstrated capacity to undertake/support nursing research, publication and public presentation.

General Information

Austin Health is a Child Safe Environment

Austin Health is committed to child safety. We want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers. Austin Health has zero tolerance of child abuse, and all allegations and safety concerns will be treated seriously in line with legal obligations and our policies and procedures.

Equal Opportunity Employer

We welcome applications from Aboriginal and Torres Strait Islander people. For any support throughout the recruitment process or further information about working at Austin Health, please follow this link to Aboriginal Employment on our [website](#)

Document Review Agreement

Manager Signature	
Employee Signature	
Date	